

# taste<sup>of the</sup> south.

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AUTHENTICALLY SOUTHERN, ALWAYS DELICIOUS



AVOCADO AND EGG TOAST  
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**43**  
CLASSIC RECIPES

# ANNUAL Breakfast ISSUE



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# SOUTH'S *Best* BISCUITS

//// SOUTHERN SIDEBOARD

# BREAKFAST *Bonanza*

## CHOCOLATE GRAY

Sometimes the most delicious things are the simplest. Cocoa powder, milk, and a little sugar bubble into a dark and luscious sauce that transforms biscuits into a divine dessert.

MOST DECADENT



SOUTHERN CLASSIC



## SAWMILL GRAY

Sausage drippings, flour, and milk (and bits of browned sausage, if you're lucky!) combine for a gravy that goes with all your breakfast favorites.

## TOMATO GRAY

Juicy tomatoes break down into a ruby puddle of Southern goodness that's just as tasty spooned over grits as it is on biscuits.

SUMMER FAVORITE



BEST BACKSTORY



## RED-EYE GRAY

While it might not be true, the rumor that President Andrew Jackson named this gravy for his moonshine-loving cook is too good to dismiss.

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**THE GRAY AWARDS**

As one of our favorite Southern food writers Sheri Castle says, "Chefs make sauce, cooks make gravy." A practical mash-up of leftover pan drippings and a dash of flour, gravy is cooked and seasoned into something tastefully transcendent; a dramatically impressive sum scratched together from humble parts. Here are just a few of our breakfast favorites.

**CRAVING GRAY?**  Visit our blog at [tasteofthesouthmagazine.com](http://tasteofthesouthmagazine.com) for these delicious recipes!

## Around the South

### PURLOO NEW ORLEANS, LOUISIANA

Located in the new digs of the Southern Food and Beverage Museum, this restaurant treats patrons to a dining experience that surpasses the average museum café. In addition to regular tables, guests can grab a chair in the 30-seat interactive exhibition kitchen, where they can quiz the chefs as they artfully execute seasonal dishes showcasing different regions of the South. [nolapurloo.com](http://nolapurloo.com)

### GALLEY AND GARDEN BIRMINGHAM, ALABAMA

Huntsville, Alabama's hotshot chef James Boyce has brought his skills to Birmingham, and diners couldn't be more pleased. Housed in a former mansion in the historic Highland Park neighborhood, Galley and Garden has a refined yet casual décor to match its menu of Southern fare with a decidedly French twist. Enjoy Tennessee rabbit, Carolina trout, Gulf snapper, and a host of local vegetables harvested and foraged from farms and forests across the South. [galleyandgarden.com](http://galleyandgarden.com)



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